

2013 RESULTS



Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
1	O' HANLON	GARY	M S	CLONLIFFE	0:35:56	0:34:52	0:36:54	1:47:42	1:47:42
2	ROE	BERNARD	M S	RAHENY SHAMROCK	0:36:28	0:36:49	0:39:09	1:52:25	1:52:25
3	DUFFY	PAUL	M S	SPORTSWORLD	0:36:46	0:36:51	0:39:28	1:53:04	1:53:04
4	F CASTRO	JULIO CESAR	M S	KILMURRY IBRICKANE NORTH CLARE AC	0:36:08	0:36:43	0:43:19	1:56:10	1:56:10
5	KILGANNON	PHIL	M S	SPORTSWORLD	0:38:35	0:38:46	0:39:39	1:57:00	1:57:00
6	FINLAY	GAVIN	M S	SPORTSWORLD AC	0:38:54	0:38:27	0:40:00	1:57:20	1:57:20
7	CARR	CIARAN	M S	NEWBRIDGE AC	0:41:32	0:37:46	0:41:07	2:00:31	2:00:26
8	BRENNAN	EOIN	M S	TALLAGHT AC	0:40:51	0:38:30	0:41:35	2:00:56	2:00:56
9	MAC LIAM	RICHIE	M S	CRUSADERS	0:40:51	0:39:37	0:41:16	2:01:44	2:01:44
10	DE KORVER	DERK	M S		0:42:03	0:39:55	0:42:23	2:04:21	2:04:21
11	O' TOOLE	PATRICK	M S	MAYO AC	0:45:24	0:38:30	0:40:38	2:04:48	2:04:32
12	MC ENTEE	EDWARD	M V40	SPORTSWORLD	0:41:55	0:40:07	0:42:33	2:04:35	2:04:35
13	BRADY	JAMES	M S	SPORTSWORLD	0:41:55	0:40:35	0:42:41	2:05:11	2:05:11
14	MOLLOY	LIAM	M S	BROTHERS PEARSE	0:41:58	0:39:56	0:43:36	2:05:34	2:05:29
15	MULVIHILL	JOHN	M S	CRUSADERS	0:46:12	0:39:10	0:40:14	2:06:30	2:05:36
16	CUNNINGHAM	MICHAEL	M S		0:41:55	0:40:55	0:43:35	2:06:25	2:06:25
17	SHARKEY	PATRICK	M S	LONGFORD AC	0:41:29	0:41:00	0:44:20	2:06:54	2:06:50
18	LYNCH	PAUL	M S		0:41:59	0:40:48	0:44:34	2:07:24	2:07:20
19	CONLON	PAUL	M S		0:40:54	0:41:29	0:45:33	2:07:56	2:07:56
20	MAXWELL	RONNIE	M S		0:42:35	0:42:02	0:43:44	2:08:23	2:08:21
21	BYRNE	WILL	M V40	SPECIAL OLYMPICS	0:42:36	0:42:02	0:44:19	2:08:58	2:08:57
22	FITZGERALD	KARL	M S		0:42:37	0:42:02	0:44:38	2:09:17	2:09:17
23	DONAGHER	BRENDEN	M V40	NAOMH MHUIRE DAINGEAN	0:42:02	0:41:51	0:45:26	2:09:19	2:09:19
24	HORAN	MARTIN	M S		0:42:37	0:42:03	0:44:43	2:09:22	2:09:22
25	FLANAGAN	RAYMOND	M V50		0:42:35	0:42:01	0:45:04	2:09:42	2:09:39
26	REID	WAYNE	M S	ATHLONE	0:39:57	0:42:12	0:48:21	2:10:29	2:10:29
27	GIBBONS	NOEL	M V40	MAYO	0:44:25	0:41:48	0:44:49	2:11:07	2:11:02
28	CURLEY	DECLAN	M V40	CLONMEL AC	0:45:14	0:43:03	0:44:58	2:13:14	2:13:14
29	REILLY	JASON	M S	CIVIL SERVICE HARRIERS	0:44:54	0:42:35	0:45:55	2:13:45	2:13:25
30	ROY	NIGEL	M S		0:45:51	0:43:20	0:44:17	2:13:43	2:13:28
31	LALOR	GERRY	M V40		0:45:18	0:43:38	0:45:16	2:14:22	2:14:12
32	HANNON	JOHN	M S	BMOH	0:46:34	0:43:56	0:44:18	2:16:01	2:14:48
33	FLANNERY	ANTHONY	M S		0:44:38	0:43:37	0:46:35	2:14:51	2:14:50
34	HICKSON	JASON	M V40		0:42:35	0:43:44	0:48:38	2:15:00	2:14:58
35	RYAN	RAYMOND	M S		0:44:30	0:43:21	0:47:29	2:15:28	2:15:20
36	GANNON	ROSS	M S	LONGFORD TRIATHLON CLUB	0:45:02	0:43:54	0:46:54	2:16:13	2:15:49
37	HEALY	GEAROID	M S	TUAM AC	0:45:46	0:44:33	0:45:38	2:15:56	2:15:56
38	MURPHY	JOHN	M V40	ENNIS TRACK CLUB	0:45:16	0:43:42	0:47:08	2:16:20	2:16:06
39	ROONEY	SEAMUS	M V50	RAHENY SHAMROCK AC	0:45:17	0:43:58	0:46:57	2:16:13	2:16:13
40	NAUGHTON	STEPHEN	M V40	MULLINGAR HARRIERS	0:46:48	0:43:29	0:45:58	2:16:28	2:16:15
41	O CONNOR	FEARGHAL	M S		0:46:24	0:44:06	0:45:54	2:16:27	2:16:24
42	FITZPATRICK	GEOFF	M V40		0:47:47	0:43:10	0:45:47	2:16:47	2:16:44
43	CASHIN	DONAL	M S	DUNBOYNE AC	0:47:31	0:44:02	0:45:18	2:17:12	2:16:51
44	MURRAY	KENNETH	M S		0:45:36	0:44:40	0:47:45	2:18:10	2:18:02
45	KAVANAGH	EANNA	M S	CIVIL SERVICE HARRIERS	0:45:16	0:44:43	0:48:41	2:19:00	2:18:39
46	LYNCH	JOHN	M S	ATHLONE TRI CLUB	0:45:23	0:44:56	0:48:29	2:18:49	2:18:48
47	SHIELS	JOE	M S		0:45:27	0:44:51	0:49:05	2:19:35	2:19:23
48	FARRELL	SHANE	M S		0:46:35	0:45:19	0:47:55	2:19:52	2:19:49
49	TYNAN	MARTIN	M S	NEWBRIDGE AC	0:46:32	0:45:38	0:47:43	2:19:59	2:19:53
50	DIVER	PAUL	M V40	NEWBRIDGE AC	0:46:22	0:45:48	0:47:44	2:19:59	2:19:54
51	O' TOOLE	FERGUS	M S	NEWBRIDGE	0:46:28	0:45:49	0:47:43	2:19:59	2:19:59
52	CAUL	ALAN	M V40	STAR OF THE SEA	0:45:11	0:44:48	0:50:22	2:20:23	2:20:20
53	WHITE	KEVIN J	M V40		0:47:07	0:45:31	0:47:58	2:20:39	2:20:36
54	MC CABE	MARK	M V40		0:46:36	0:45:50	0:48:27	2:21:08	2:20:52
55	GING	PAUL	M V40		0:47:42	0:46:22	0:46:57	2:21:14	2:21:01
56	O' TOOLE	PETER	M S	CRUSADERS AC	0:47:54	0:46:19	0:47:08	2:21:26	2:21:22
57	GREENSMYTH	WILLIAM THOMAS	M S	SPORTSWORLD	0:43:51	0:44:40	0:52:57	2:21:30	2:21:28
58	CLEARY	RICHARD	M S		0:47:55	0:46:18	0:47:34	2:21:51	2:21:47
59	KELLY	SEAN	M S		0:46:38	0:45:57	0:49:31	2:22:10	2:22:06

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time	
60	MOORE	RICHIE	M	S		0:46:36	0:45:59	0:49:31	2:22:12	2:22:07
61	KELLY	MICHAEL	M	V40	WESTERN LAKES	0:46:47	0:45:47	0:49:45	2:22:24	2:22:19
62	KISSANE	JOHN	M	V40		0:47:53	0:46:39	0:47:51	2:22:28	2:22:23
63	MC HALE	CATHAL	M	S		0:47:55	0:46:40	0:47:51	2:22:30	2:22:26
64	STAFFORD	JOE	M	V40	DROGHEDA AND DISTRICT	0:47:55	0:46:39	0:47:57	2:22:34	2:22:30
65	MC KEOWN	MICHAEL	M	V40	EAST DOWN AC	0:47:10	0:45:35	0:50:02	2:22:53	2:22:47
66	FARRELL	GLENN	M	V40	STAR OF THE SEA	0:47:08	0:46:08	0:49:32	2:22:57	2:22:48
67	HANNEY	MICK	M	S		0:47:52	0:46:22	0:48:39	2:22:56	2:22:53
68	HARDEN	SCOTT	M	V40		0:45:44	0:46:18	0:50:51	2:22:55	2:22:53
69	GETHINS	VINCENT	M	S		0:45:50	0:45:59	0:51:25	2:23:28	2:23:13
70	TORMEY	GLENN	M	V40		0:47:49	0:46:41	0:48:46	2:23:25	2:23:16
71	DENNEHY	NIALL	M	S	CRUSADERS	0:50:02	0:45:53	0:47:34	2:24:38	2:23:29
72	SAUNDERS	MARK	M	S	TRIM AC	0:49:19	0:45:32	0:48:43	2:24:03	2:23:33
73	DONNELLY	GARETH	M	V40		0:47:50	0:46:40	0:49:18	2:23:57	2:23:48
74	DOYLE	ANTHONY	M	S	TRANSFORMYOU PT	0:47:44	0:46:40	0:49:41	2:24:20	2:24:05
75	MC KERNAN	ALAN	M	V40	DUNBOYNE	0:47:37	0:47:10	0:49:33	2:24:39	2:24:20
76	MUNRO	EOIN	M	S		0:47:44	0:47:08	0:49:34	2:24:41	2:24:27
77	FAHEY	MICHAEL	M	V40		0:47:55	0:47:28	0:49:30	2:25:28	2:24:54
78	CALLAGHAN	ANTHONY	M	S		0:49:38	0:45:34	0:49:49	2:26:11	2:25:00
79	O' FARRELL	PETER	M	S	RATHFARNHAM	0:47:58	0:47:09	0:50:03	2:25:11	2:25:11
80	DONNELLY	TOM	M	V40		0:48:05	0:47:27	0:49:45	2:25:23	2:25:17
81	MALONEY	VIVIAN	M	S		0:41:20	0:41:29	1:02:29	2:25:50	2:25:18
82	WHITE	GERARD	M	S		0:48:04	0:47:10	0:50:09	2:25:48	2:25:23
83	MURPHY	BRIAN	M	S		0:49:43	0:47:33	0:48:08	2:25:34	2:25:24
84	KEHOE	PETER	M	S		0:47:53	0:46:53	0:51:10	2:26:03	2:25:56
85	WADE	PAUL	M	S	WICKLOW TRI	0:51:42	0:46:57	0:47:20	2:26:00	2:26:00
86	DIXON	GREG	M	V40		0:50:00	0:46:58	0:49:09	2:26:16	2:26:08
87	HAMILL	KEVIN	M	V40	NORTH EAST RUNNERS	0:49:06	0:47:20	0:49:54	2:26:33	2:26:21
88	COYLE	PATRICK	M	S		0:49:42	0:47:34	0:49:09	2:26:36	2:26:25
89	WATTERS	KIERAN	M	V40		0:48:41	0:47:19	0:50:43	2:26:53	2:26:44
90	MURPHY	BRYAN	M	S		0:48:44	0:47:19	0:50:43	2:26:53	2:26:46
91	DAHL	TORBEN	M	S		0:47:41	0:47:34	0:51:46	2:27:38	2:27:01
92	JONES	ALAN	M	S		0:48:56	0:47:27	0:50:47	2:27:17	2:27:10
93	CUDDY	DAVID	M	S		0:47:54	0:47:07	0:52:13	2:27:20	2:27:14
94	MC NICHOLAS	TOM	M	S	SWINFORD MAYO AC	0:50:36	0:48:15	0:48:46	2:28:30	2:27:36
95	LAMBE	MARK	M	S		0:50:23	0:48:43	0:48:48	2:28:04	2:27:54
96	KILLION	DAVID	M	V40		0:48:47	0:47:18	0:51:50	2:28:00	2:27:55
97	MEI	ROBERTO	M	V40		0:50:18	0:47:18	0:50:31	2:28:19	2:28:08
98	MC GUCKIN	BRIAN	M	V40	CRUSADERS	0:49:50	0:49:22	0:49:01	2:28:19	2:28:13
99	DONEGAN	SEAN	M	S	SPORTSWORLD	0:52:40	0:47:05	0:48:29	2:28:42	2:28:14
100	CHIAPPINI	ANDREA	M	S		0:50:28	0:47:19	0:50:27	2:28:15	2:28:15
101	SMITH	MARK	M	V40		0:49:10	0:47:20	0:52:03	2:28:46	2:28:33
102	RYAN SIMON	PATRICK	M	S		0:50:59	0:46:15	0:51:24	2:29:47	2:28:38
103	WARD	ROBERT	M	V40		0:48:48	0:47:39	0:52:11	2:29:14	2:28:39
104	MC NAMARA	GERARD	M	V40		0:46:58	0:45:15	0:56:43	2:29:00	2:28:56
105	KENNEDY	KENNETH	M	S		0:52:07	0:47:58	0:49:17	2:29:40	2:29:22
106	MC WALTER	EAMONN	M	S	CRUSADERS AC		1:39:10	0:50:20	2:30:23	2:29:30
107	BYRNE	JOHN	M	S		0:51:47	0:48:07	0:49:57	2:30:13	2:29:52
108	DALY	RAYMOND	M	S	GARDA AC	0:50:42	0:49:01	0:50:10	2:30:02	2:29:53
109	CARROLL	JOHN	M	S	BOHERMEEN	0:49:40	0:49:01	0:51:16	2:30:11	2:29:57
110	MC ENTEE	MARTINA	F	S		0:50:05	0:47:19	0:52:38	2:30:25	2:30:02
111	MC ENTEE	STEPHEN	M	S		0:50:05	0:47:19	0:52:38	2:30:26	2:30:02
112	MC ALEER	AODHAN	M	S		0:48:18	0:48:13	0:53:32	2:31:15	2:30:03
113	WALSH	JOE	M	S		0:51:01	0:48:39	0:50:23	2:31:13	2:30:04
114	CONWAY	MICHEAL	M	S		0:49:53	0:49:28	0:51:01	2:30:53	2:30:22
115	BURKE	DAVID	M	S		0:50:29	0:50:02	0:49:51	2:30:56	2:30:23
116	MC GUINNESS	MATTHEW	M	S		0:49:14	0:48:43	0:52:28	2:30:37	2:30:25
117	HICKEY	KIM	F	S	PULSE TRI	0:50:44	0:48:42	0:51:04	2:31:55	2:30:29
118	HANLEY	DAVID	M	S	LONGFORD TRI CLUB	0:51:01	0:48:19	0:51:24	2:31:10	2:30:44
119	HAVENS	LAURENCE	M	S		0:49:29	0:49:20	0:52:16	2:31:10	2:31:04
120	HANEVY	ALMA	F	S	DONORE HARRIERS	0:51:02	0:49:12	0:50:52	2:32:17	2:31:06
121	DUNNE	JOSEPH	M	S	CRUSADERS	0:53:09	0:49:39	0:48:30	2:31:43	2:31:18
122	CULLINAN	JOHN	M	S	GALWAY TRIATHLON CLUB	0:50:45	0:49:10	0:51:26	2:31:29	2:31:22
123	FARRELL	RORY	M	S		0:50:22	0:49:49	0:51:20	2:31:40	2:31:31
124	LATE	ENTRY	M	S		0:51:52	0:49:55	0:49:48	2:31:59	2:31:35
125	MC ARDLE	BRIAN	M	S		0:52:04	0:49:14	0:50:20	2:31:46	2:31:38
126	POWER	MARK	M	S			1:38:17	0:53:53	2:32:24	2:32:10
127	MC GINN	TERRY	M	V40		0:49:31	0:48:50	0:53:49	2:32:21	2:32:10

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
128	O'ROURKE	DARREN	M S		0:49:28	0:48:43	0:54:06	2:33:02	2:32:18
129	FITZMAURICE	PATRICIA	F S	SPORTSWORLD	0:49:05	0:48:37	0:54:39	2:32:40	2:32:22
130	WARD	MIKE	M S	LOUGHREA AC	0:51:48	0:49:53	0:50:52	2:33:28	2:32:33
131	JENNINGS	COLM	M V40	ESB AC	0:51:17	0:49:33	0:51:48	2:32:51	2:32:37
132	MELIA	MICHAEL	M V60		0:53:51	0:47:36	0:51:16	2:33:50	2:32:43
133	LEONARD	BRIAN	M V40	CRUSADERS	0:50:58	0:49:51	0:52:00	2:32:55	2:32:49
134	MC KENNA	JOHN	M S		0:52:15	0:49:39	0:51:28	2:33:34	2:33:21
135	CHARLES	TOM	M S	MAYO AC	0:50:42	0:49:31	0:53:13	2:34:06	2:33:25
136	DRUMM	CARMEL	F S		0:49:13	0:49:37	0:54:39	2:33:42	2:33:30
137	MAC DONALD	BRIAN	M V40		0:51:26	0:49:17	0:52:51	2:34:18	2:33:33
138	SHEEDY	FREDERICK	M S		0:51:59	0:49:57	0:51:44	2:34:02	2:33:40
139	PHILLIPS	RONAN	M S		0:52:35	0:50:10	0:51:02	2:34:36	2:33:47
140	GEORGE	RYAN	M S		0:47:36	0:49:02	0:57:23	2:34:22	2:34:01
141	LAMBE	ADRIAN	M S		0:50:20	0:48:43	0:55:00	2:34:15	2:34:04
142	ROONEY	SHANE	M S	DFR	0:53:03	0:50:32	0:50:43	2:34:42	2:34:19
143	O'DRISCOLL - COLLINS	AILBHE	M S	CRUSADERS	0:50:52	0:50:01	0:53:51	2:35:40	2:34:44
144	SMITH	SEAN	M S		0:52:13	0:50:29	0:52:11	2:34:53	2:34:53
145	PERLE	ANDY	M V40		0:50:17	0:50:06	0:54:31	2:35:05	2:34:54
146	BRADY	ALAN	M V40		0:53:04	0:50:40	0:51:18	2:35:50	2:35:03
147	CAMPBELL	IAN	M S		0:47:22	0:48:14	0:59:29	2:35:31	2:35:06
148	HOWARD	STEPHEN	M S		0:51:51	0:53:30	0:49:52	2:35:12	2:35:12
149	ROE	SHANE	M V40		0:48:40	0:48:38	0:58:00	2:35:29	2:35:18
150	KERNAN	COLM	M V40		0:53:17	0:50:55	0:51:21	2:35:44	2:35:33
151	MC COMISH	MARK	M V40		0:53:19	0:50:54	0:51:21	2:35:45	2:35:33
152	MC AULEY	NIALL	M S		0:51:36	0:49:04	0:54:56	2:35:59	2:35:36
153	O BRIEN	CATRIONA	F S	BOHERMEEN	0:51:36	0:51:15	0:52:47	2:35:50	2:35:38
154	GUIRY	KIERAN	M V40	ATHENRY AC	0:51:41	0:49:05	0:54:56	2:35:58	2:35:43
155	O' HARA	MARTIN	M V40	ATHENRY AC	0:51:42	0:49:05	0:54:56	2:35:58	2:35:43
156	WHITE	DARRAGH	M S		0:50:20	0:50:07	0:55:27	2:36:02	2:35:54
157	LAMON	BRIAN	M S	LUCAN HARRIERS	0:53:37	0:51:04	0:51:15	2:36:35	2:35:56
158	DOYLE	MARY	F S		0:48:08	0:50:14	0:57:37	2:36:17	2:35:59
159	LYNAM	ENDA	M S		0:50:53	0:49:43	0:55:24	2:37:10	2:36:00
160	MULLIGAN	MAIREAD	F S	FINGALLIONS AC	0:50:37	0:49:56	0:55:45	2:36:39	2:36:18
161	SMITH	DARRAGH	M S		0:51:19	0:48:56	0:56:27	2:38:20	2:36:41
162	STAUNTON	EMMA	F S	KILKENNY CITY HARRIERS	0:50:29	0:50:59	0:55:19	2:36:55	2:36:47
163	BARRY	DUNLEAVY	M S	CELBRIDGE AC	0:53:23	0:50:48	0:52:37	2:37:01	2:36:48
164	QUINN	SEAMUS	M S		0:55:31	0:49:56	0:51:43	2:38:03	2:37:11
165	HENEGAN	ALPHONSUS	M S	LOUGHREA AC	0:52:14	0:49:52	0:55:12	2:37:48	2:37:18
166	KEARNS	NIALL	M V40	CELBRIDGE AC	0:53:09	0:49:39	0:54:53	2:38:08	2:37:41
167	GUINAN	SIOBHAN	F S	ATHENRY AC	0:53:13	0:51:00	0:53:42	2:38:14	2:37:55
168	LATE	ENTRY			0:51:34	0:50:37	0:55:46	2:38:13	2:37:56
169	OATES	PARAIC	M V40	GALWAY CITY HARRIERS	0:54:30	0:51:15	0:52:13	2:38:25	2:37:58
170	MC CAUL	DENIS	M S	SPORTSWORLD	0:54:47	0:52:56	0:50:31	2:40:05	2:38:15
171	FITZSIMONS	MARY	F V40	CRUSADERS	0:53:21	0:51:04	0:54:01	2:38:33	2:38:26
172	FITZSIMONS	MICHAEL	M S	CRUSADERS	0:53:22	0:51:01	0:54:03	2:38:33	2:38:26
173	BROWNE	DAVID	M S		0:53:59	0:51:12	0:53:31	2:39:40	2:38:42
174	CLARKE	BARRY	M V40	TRIM AC	0:50:10	0:50:36	0:58:01	2:39:05	2:38:46
175	HYNES	DAVID	M S	RUNNING AGAINST CANCER	0:51:35	0:50:52	0:56:26	2:39:58	2:38:53
176	BUSHE	ANNA	F S		0:55:12	0:52:59	0:50:52	2:39:27	2:39:03
177	MEYLER	TERRY	M S	LUCAN HARRIERS	0:53:38	0:51:07	0:54:54	2:40:18	2:39:39
178	GUNNING	LINDA	F V50	BOHERMEEN	0:51:34	0:51:17	0:56:49	2:39:53	2:39:40
179	FIRTH	MARC	M S		0:52:41	0:51:58	0:55:07	2:40:32	2:39:46
180	FLANNERY	KIERAN	M S		0:53:06	0:51:42	0:55:06	2:40:22	2:39:54
181	MURPHY	CON	M S		0:53:07	0:51:41	0:55:07	2:40:24	2:39:55
182	KENNEDY	EAMONN	M V50	LIQUID MOTION BALLINA	0:55:56	0:52:52	0:51:13	2:40:48	2:40:01
183	KNIGHT	JAMES	M V40		0:51:20	0:49:47	0:59:00	2:40:47	2:40:08
184	O'CONNOR	NUALA	F S	SPORTSWORLD	0:53:19	0:52:22	0:54:34	2:40:35	2:40:14
185	MURRAY	RONAN	M V40	SPORTSWORLD	0:53:21	0:52:21	0:54:34	2:40:35	2:40:16
186	YOUNG	EOGHAN	M S		0:55:28	0:52:15	0:52:40	2:40:42	2:40:23
187	O' MALLEY	KEVIN	M S	GCH	0:54:30	0:51:16	0:54:46	2:40:59	2:40:31
188	JENNINGS	CONNOR	M V40	RAHENY SHAMROCK AC	0:53:07	0:51:54	0:55:30	2:40:46	2:40:31
189	HYNES	MARTIN	M V40	ATHENRY AC	0:51:20	0:51:32	0:57:46	2:41:28	2:40:37
190	HICKEY-CROWE	NICOLA	F S	D8 RUNNERS INC	0:54:18	0:51:52	0:54:29	2:41:35	2:40:39
191	REILLY	SHANE	M S		0:53:02	0:51:13	0:56:28	2:41:07	2:40:44
192	LEAMY	MARK	M S		0:51:37	0:52:19	0:56:48	2:43:10	2:40:44
193	LAVELLE	CLIVE	M S		0:52:03	0:51:41	0:57:04	2:41:00	2:40:48
194	HARTNEY	SHANE	M S		0:53:13	0:51:58	0:55:50	2:41:39	2:41:01

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time	
195	MEEHAN	JOHN	M	V40	0:53:17	0:50:48	0:56:59	2:42:26	2:41:04	
196	LEEN	MICHAEL	M	V40	0:53:03	0:51:54	0:56:09	2:41:34	2:41:05	
197	COLEMAN	DAMIEN	M	S	BALLA	0:53:03	0:50:44	0:57:24	2:41:58	2:41:11
198	PLANTE	GERARD	M	V40	DUNBOYNE AC	0:54:27	0:52:57	0:54:12	2:42:05	2:41:35
199	COLLINS	BRIAN	M	V40	KILNABOY AC	0:53:17	0:52:31	0:55:51	2:41:57	2:41:39
200	MC NAMARA	VERONICA	F	S	MOHIL AC	0:54:33	0:51:44	0:55:25	2:42:22	2:41:41
201	KEEGAN	SHANE	M	S		0:52:00	0:51:27	0:58:19	2:42:31	2:41:46
202	DERMODY	PAUL	M	S	KILKENNY TRIATHLON CLUB	0:54:32	0:52:10	0:55:21	2:42:27	2:42:04
203	SMYTH	KARL	M	S		0:54:47	0:52:37	0:54:41	2:42:36	2:42:06
204	FOLEY	ALAN	M	V40		0:54:50	0:52:36	0:54:41	2:42:35	2:42:07
205	FEIGHERY	JEN	F	S		0:55:28	0:52:44	0:53:56	2:42:27	2:42:08
206	POLLARD	BRENDAN	M	V40		0:55:09	0:52:23	0:54:44	2:42:41	2:42:16
207	DOOLIN	MARK	M	S	DROGHEDA AND DISTRICT	0:52:52	0:53:26	0:55:58	2:42:45	2:42:17
208	KENNY	ALAN	M	S	GARDA AC	0:53:24		1:49:03	2:44:22	2:42:27
209	FEERY	BOBBY	M	S	GARDA AC	0:53:23	0:52:00	0:57:04	2:44:22	2:42:27
210	AN	OTHER				0:53:26		1:49:02	2:44:22	2:42:28
211	MC GRATH	ANN MARIE	F	S	BALLYROANABBEYLEIX ATHLETICS CLUB	0:53:46	0:53:17	0:55:31	2:42:52	2:42:34
212	ROBINSON	RICHARD	M	V40		0:53:23	0:53:17	0:55:59	2:42:44	2:42:39
213	MC QUAID	IAN	M	V40		0:53:26	0:50:39	0:58:38	2:44:04	2:42:42
214	CRAIG	DAVID	M	S		0:54:19	0:51:23	0:57:05	2:43:37	2:42:46
215	O' NEILL	SHANE	M	S		0:54:37	0:52:21	0:55:50	2:43:45	2:42:48
216	REYNOLDS	PETER	M	S		0:56:05	0:53:31	0:53:17	2:43:38	2:42:54
217	CLINTON	JIM	M	V50	NORTH BELFAST HARRIERS	0:52:34	0:51:36	0:58:54	2:43:16	2:43:05
218	FOY	MICK	M	V40	DUNBOYNE AC	0:54:30	0:52:57	0:55:42	2:43:34	2:43:09
219	O' DONNELL	PAUL	M	V40	DUNBOYNE AC	0:54:31	0:52:57	0:55:41	2:43:35	2:43:10
220	NUNAN	DENIS	M	S	CIVIL SERVICE HARRIERS	0:54:23	0:51:39	0:57:10	2:43:44	2:43:12
221	FARRELLY	TOMAS	M	V40	LOUGHREA AC	0:52:54	0:52:44	0:57:44	2:43:48	2:43:21
222	FITZPATRICK	JOHN	M	V40	CRAUGHWELL		1:49:20	0:54:01	2:44:10	2:43:21
223	BRETT	JAMES	M	V40		0:54:47	0:52:54	0:55:42	2:43:40	2:43:23
224	MC GRATH	JOHN	M	S		0:55:46	0:52:34	0:55:05	2:46:10	2:43:24
225	DELANEY	LINDA	F	S	GOWRAN AC	0:53:41	0:51:46	0:58:16	2:44:24	2:43:44
226	MOONEY	AIDAN	M	S	GORAN	0:53:43	0:51:47	0:58:15	2:44:24	2:43:44
227	ROONEY	GEOFFREY	M	S	BROS PEARSE AC	0:55:25	0:52:28	0:55:54	2:44:22	2:43:47
228	RONAYNE	FRANK	M	S		0:52:24	0:52:10	0:59:15	2:44:23	2:43:49
229	DAVIS	NOEL	M	S		0:54:34	0:52:42	0:56:33	2:44:25	2:43:50
230	MURTAGH	EUGENE	M	S		0:56:31	0:53:03	0:54:18	2:44:59	2:43:52
231	MAC GREGOR	JENNIE	F	V40		0:54:47	0:54:26	0:54:39	2:44:19	2:43:52
232	EGAN	AIDAN	M	S		0:55:01	0:53:50	0:55:05	2:44:31	2:43:56
233	MC GINTY	LIAM	M	V40		0:55:55	0:52:54	0:55:17	2:44:42	2:44:06
234	GRIFFIN	EIMEAR	F	S	RATOATH AC	0:56:20	0:54:02	0:53:47	2:44:35	2:44:09
235	KELLY	NEIL	M	S		0:54:36	0:52:57	0:56:45	2:44:39	2:44:18
236	LUDLOW	ALAN	M	S	TRI AN MHI	0:53:15	0:53:26	0:57:37	2:44:23	2:44:18
237	LAWLESS	BRIAN	M	V40	MATT TALBOT HARRIERS	0:53:52	0:53:59	0:56:31	2:44:48	2:44:21
238	DALY	MARY	F	V40	TULLAMORE HARRIERS	0:54:48	0:54:04	0:55:41	2:45:07	2:44:32
239	MC CAVERA	PAUL	M	V40		0:53:21	0:52:45	0:58:31	2:45:11	2:44:37
240	CAWLEY	JAMIE	M	S		0:52:13	0:54:29	0:58:00	2:45:16	2:44:41
241	O' BEIRNE	SUSANNE	F	V40	MOHILL A/C	0:54:36	0:51:42	0:58:31	2:45:30	2:44:49
242	GILES	COLM	M	S		0:54:19	0:54:11	0:56:30	2:45:18	2:45:00
243	BELTMAN	MARIJKE	F	S		0:54:22	0:52:25	0:58:13	2:45:31	2:45:00
244	HIGGINS	RONAN	M	S		0:50:08	0:51:45	1:03:14	2:45:35	2:45:06
245	ENRIGHT	SEAN	M	V40	VTCC	0:56:01	0:52:54	0:56:19	2:45:44	2:45:15
246	PERRY	STEPHEN	M	S	TINAHELY TRI CLUB			2:45:18	2:46:43	2:45:18
247	CAULFIELD	RAY	M	S	TINAHELY TRI CLUB	0:55:28	0:53:58	0:55:52	2:46:38	2:45:18
248	KELLY	JAMES	M	V40			1:50:11	0:55:12	2:45:53	2:45:23
249	DONOHUE	THOMAS	M	S		0:55:50	0:52:55	0:56:49	2:46:17	2:45:34
250	LATE	ENTRY	M	S		0:54:37	0:53:35	0:57:25	2:47:47	2:45:38
251	KENNY	BRENDAN	M	V40		0:55:07	0:53:32	0:56:59	2:47:49	2:45:38
252	KIERNAN	SEAMUS	M	S	MULLINGAR HARRIERS	0:56:16	0:54:08	0:55:34	2:49:05	2:45:58
253	GIBLIN	KATE	F	V40	FIT FOR LIFE	0:53:41	0:52:24	0:59:53	2:46:39	2:45:59
254	FITZGERALD	TOM	M	S		0:52:59	0:52:32	1:00:32	2:46:34	2:46:02
255	DUGGAN	CILLIAN	M	S		0:56:19	0:54:00	0:55:46	2:46:33	2:46:06
256	TIGHE	TONY	M	S		0:54:51	0:53:02	0:58:15	2:48:01	2:46:08
257	GUEST	PETER	M	V40		0:55:28	0:52:20	0:58:20	2:49:29	2:46:08
258	CARROLL	VINCENT	M	V40		0:56:03	0:54:00	0:56:07	2:46:55	2:46:10
259	KENNEDY	DAVID	M	S	KILKENNY CITY HARRIERS	0:53:12	0:52:30	1:00:37	2:46:27	2:46:19
260	COSTELLOE	ELLEN	F	S		0:54:22	0:53:13	0:58:44	2:46:36	2:46:20
261	CONNOLLY	MARY ANNE	F	S	FFL KILKENNY	0:54:23	0:53:13	0:58:44	2:46:35	2:46:20

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
262	MC GRATH	PAUL	M V40	SOUTH SLIGO	0:56:13	0:54:03	0:56:05	2:46:54	2:46:21
263	PREW	PAUL	M V40		0:57:09	0:53:46	0:55:29	2:47:51	2:46:24
264	TOBIN	MARTIN	M V50	EUROPEAN RUNNING PCK	0:56:15	0:53:14	0:57:06	2:48:14	2:46:35
265	FITZGERALD	DEIRDRE	F S		0:54:50	0:54:24	0:57:24	2:47:04	2:46:38
266	GAVIN	ANDREW	M S		1:00:28	0:51:43	0:54:35	2:49:22	2:46:46
267	HOPKINS	PAUL	M S		0:51:32	0:53:37	1:01:49	2:47:13	2:46:57
268	FITZPATRICK	EOIN	M S		0:56:04	0:54:01	0:56:55	2:47:44	2:47:01
269	O' FLAHERTY	MICHAEL	M V40		0:50:04	0:51:18	1:05:41	2:47:03	2:47:03
270	O SULLIVAN	LENZIE	M S		0:54:42	0:53:21	0:59:15	2:47:50	2:47:18
271	BONAR	BREANDAN	M V40		0:56:17	0:54:23	0:56:44	2:48:16	2:47:25
272	TUNNEY	BRENDAN	M S		0:53:29	0:54:47	0:59:11	2:47:41	2:47:26
273	GALVIN	ROSE	F S		0:56:06	0:54:12	0:57:10	2:47:50	2:47:28
274	GLYNN	VAL P	M V60	MAYO AC		1:48:59	0:58:31	2:48:11	2:47:29
275	MC AULEY	BRIAN	M S		0:54:21	0:54:32	0:58:39	2:47:57	2:47:32
276	VAELNTINE	COLM	M S		0:54:36	0:53:24	0:59:34	2:48:27	2:47:34
277	DUFFY	CONOR	M S	CROOKEDWOOD	0:54:43	0:53:20	0:59:38	2:48:13	2:47:41
278	LAMBE	MARIA	F S	ATHENRY AC	0:55:30	0:53:26	0:59:01	2:50:05	2:47:57
279	DALY	OLIVIA	F S	DUNSHAUGHLIN	0:53:44	0:54:39	0:59:38	2:48:28	2:48:01
280	WALSH	SEAN	M S		0:55:59	0:52:40	0:59:23	2:48:32	2:48:02
281	RAFTERY	PETER	M S		0:56:00	0:52:40	0:59:22	2:48:31	2:48:02
282	DALY	GERARD	M S	FINGAL TC	0:57:31	0:54:51	0:55:42	2:48:40	2:48:04
283	O' BRIEN	ANTHONY	M V50	CLONLIFFE HARRIERS	0:56:12	0:54:05	0:57:47	2:48:35	2:48:04
284	BROUGHAL	SHANE	M S		0:56:46	0:55:35	0:55:47	2:48:53	2:48:08
285	CAMPBELL	NIALL	M S		0:56:20	0:54:01	0:57:52	2:48:40	2:48:13
286	DUNNE	OLWYN	F S	CRUSADERS	0:56:21	0:54:03	0:57:53	2:48:41	2:48:16
287	GLEESON	LORRAINE	F V40	LE CHEILE A.C	0:56:55	0:54:42	0:56:42	2:49:37	2:48:19
288	PARPET	JULIEN	M S	RUNNING AGAINST CANCER	0:51:36	0:52:57	1:03:50	2:49:28	2:48:23
289	VAN DE BEEK	PETER	M V40		0:52:16	0:53:38	1:02:37	2:48:40	2:48:31
290	FITZGERALD	CATHY	F S		0:56:31	0:54:33	0:57:33	2:50:37	2:48:37
291	EGAN	RONAN	M S			1:50:53	0:57:47	2:50:51	2:48:40
292	KAVANAGH	MARK	M S		0:55:54	0:55:00	0:57:46	2:50:51	2:48:41
293	WHYTE	EMER	F S	GCH	0:56:01	0:54:09	0:58:38	2:49:34	2:48:48
294	SPRATT	MICHAEL	M V40		0:56:10	0:54:05	0:58:44	2:49:36	2:48:59
295	GERAGHTY	DAIRE	M S	FINGAL TRI CLUB	0:57:29	0:54:53	0:56:38	2:49:36	2:49:00
296	MEGHEN	DEBORAH	F S	WICKLOW TRIATHLON CLUB	0:53:14	0:52:21	1:03:33	2:49:36	2:49:08
297	MAGNIER	PHILIP	M V60		0:56:11	0:54:24	0:58:36	2:49:46	2:49:11
298	ROTTE	WILLIAM	M S		0:49:41	0:53:31	1:06:10	2:50:10	2:49:23
299	GRASSICK	KATHY	F S	PULSE TRIATHLON CLUB	0:55:38	0:55:48	0:57:57	2:50:33	2:49:23
300	OWENS	DERVLA	F S	PULSE	0:55:39	0:55:48	0:57:58	2:50:34	2:49:25
301	BURKE	FERGUS	M V40		0:55:33	0:54:04	0:59:51	2:52:01	2:49:27
302	FEENEY	CATHAL	M S		0:56:07	0:54:07	0:59:28	2:50:17	2:49:41
303	HANLY	THERESE	F S		0:55:58	0:54:56	0:58:55	2:50:37	2:49:48
304	MC DONNELL	MARCELLA	F V40		0:56:12	0:55:29	0:58:09	2:50:40	2:49:50
305	O' LOUGHLIN	PAUL	M V40		0:54:21	0:53:29	1:02:06	2:53:10	2:49:57
306	LAWLOR	GORDON	M S		0:56:57	0:55:35	0:57:30	2:50:38	2:50:02
307	SHEERIN	OLIVIA	F V40	ST MICHAEL'S AC	0:50:33	0:58:38	1:00:58	2:50:16	2:50:10
308	WHYTE	DAVID	M S		0:51:19	0:52:17	1:06:41	2:50:25	2:50:17
309	MC CARTHY	PAUL	M V40		0:55:41	0:55:17	0:59:26	2:51:11	2:50:24
310	TOUGHER	KENNETH	M S		0:55:41	0:55:17	0:59:26	2:51:11	2:50:24
311	CONNERY	JILLIAN	F S	LONGFORD	0:55:48	0:54:22	1:00:20	2:51:32	2:50:29
312	RYAN	BARRY	M V40		0:56:06	0:54:24	1:00:11	2:53:25	2:50:41
313	KAVANAGH	NIAMH	F S		0:54:44	0:55:19	1:00:41	2:53:15	2:50:44
314	QUINLIVAN	JOHN	M S		0:56:37	0:55:49	0:58:20	2:51:23	2:50:46
315	DINEEN	ROGER	M S		0:56:30	0:55:23	0:59:04	2:51:42	2:50:57
316	O' CONNELL	DAVID	M V40		0:56:31	0:55:23	0:59:11	2:51:49	2:51:05
317	POWER	JONATHAN	M S		0:51:19	0:53:32	1:06:29	2:52:16	2:51:20
318	ROHAN	JAMES	M V40		0:51:04	0:54:05	1:06:28	2:54:08	2:51:37
319	GRADY	LORRAINE	F S		0:57:06	0:54:43	0:59:51	2:53:28	2:51:39
320	O FRIEL	MARGARET	F V50		0:55:10	0:55:36	1:00:58	2:52:11	2:51:44
321	CALLAN	GAVIN	M S		0:56:10	0:52:58	1:02:38	2:52:13	2:51:46
322	BAILEY	GLEN	M S		0:57:45	0:55:01	0:59:07	2:52:41	2:51:53
323	LUDLOW	DERMOT	M V40		0:56:25	0:54:34	1:00:58	2:52:20	2:51:57
324	HOLOHAN	BRIAN	M S		0:56:35	0:55:42	0:59:45	2:52:35	2:52:02
325	SCOBIE	JO	F V50	FFL KCH	0:56:38	0:56:09	0:59:51	2:53:20	2:52:39
326	MC DONALD	CAITRIONA	F S	ST. ABBANS	1:00:01	0:55:14	0:57:33	2:55:07	2:52:48
327	O' REILLY	NOEL ENDA	M S		0:57:41	0:54:23	1:00:45	2:54:31	2:52:49
328	TORMEY	DECLAN	M S		0:57:43	0:55:31	0:59:37	2:53:45	2:52:51
329	BRENNAN	EAMONN	M V40	GALWAY CITY HARRIERS	0:57:36	0:54:52	1:00:26	2:54:10	2:52:54

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
330	FAGAN	FIONA	F S	SPORTSWORLD	0:57:49	0:56:19	0:58:55	2:53:45	2:53:02
331	CASEY	COLM	M V50		0:57:51	0:58:14	0:57:11	2:54:01	2:53:16
332	MC NAMARA	EUGENE	M S	MOHILL AC	0:55:05	0:54:54	1:03:20	2:54:00	2:53:19
333	MALONEY	AMY	F V40	AIT	0:56:09	0:55:59	1:01:26	2:53:58	2:53:34
334	O BRIEN MCCORD	PATRICIA	F S	ST ABBANS	0:56:39	0:56:58	1:00:21	2:56:15	2:53:58
335	DIGNAM	ALAN	M S		0:56:22	0:56:12	1:01:30	2:54:30	2:54:04
336	DUNPHY	SHANE	M S		0:57:22	0:55:32	1:01:11	2:54:59	2:54:06
337	REYNOLDS	ROBBIE	M V40	BALLINA AC	0:57:38	0:57:10	0:59:20	2:55:52	2:54:07
338	TRAYNOR	MICHELLE	F V40	BALLINA A/C	0:57:37	0:57:08	0:59:22	2:55:54	2:54:08
339	BROGAN	MARIETA	F S	BALLINA FIT FOR LIFE	0:57:39	0:57:08	0:59:21	2:55:52	2:54:08
340	KEARNS	HELENA	F S	BALLINA AC	0:57:38	0:57:09	0:59:21	2:55:53	2:54:08
341	AN	OTHER	M S		0:56:28	0:54:53	1:02:54	2:56:50	2:54:15
342	NI FHATHARTA	GRAINNE	F S		1:02:04	0:55:21	0:56:50	2:56:51	2:54:15
343	SHERIDAN	AIDEN	M S	RUNNING AGAINST CANCER BALLINASLOE	0:51:42	0:57:30	1:05:06	2:55:22	2:54:18
344	MUURRAY	GERRY	M V50		0:56:11	0:54:29	1:03:44	2:55:02	2:54:24
345	WATERS	ADRIAN	M S		0:54:42	0:54:04	1:05:38	2:55:14	2:54:25
346	LYNAM	CLAIRE	F S		0:57:48	0:56:44	0:59:53	2:55:08	2:54:26
347	CURRAN	RONAN	M V40		0:58:12	0:56:55	0:59:50	2:56:54	2:54:58
348	O CONNOR	TOM	M V40		0:58:12	0:56:55	0:59:51	2:56:55	2:54:59
349	KELLY	NIKKI	F S		0:56:29	0:57:07	1:01:25	2:58:12	2:55:00
350	HARTE	BERNARD	M S	SOUTH GALWAY AC	0:57:31	0:56:11	1:01:23	2:55:25	2:55:05
351	HANRAHAN	DAMIEN	M S	SOUTH GALWAY AC	0:57:32	0:56:10	1:01:23	2:55:25	2:55:05
352	O' BRIEN	KEVIN	M S	GARDA AC	0:57:18	0:56:45	1:01:03	2:55:41	2:55:06
353	COLGAN	PAULINE	F S	NAOMH MHUIRE DAINGEAN		1:52:27	1:02:50	2:55:17	2:55:17
354	CUNNINGHAM	DAVID	M S	ST. BRIGIDS	0:58:37	0:56:50	0:59:59	2:57:54	2:55:26
355	RYAN	LIZZIE	F V40	CLONMEL AC	0:59:12	0:56:31	0:59:49	2:56:55	2:55:32
356	GILMARTIN	LORNA	F S		0:57:37	0:56:09	1:01:47	2:56:46	2:55:33
357	HANNON	MARGARET	F V40		0:58:30	0:56:31	1:00:42	2:56:20	2:55:43
358	MC CABE	LEONA	F S		0:56:14	0:56:14	1:03:16	2:56:45	2:55:44
359	MC GRATH	MARTIN	M S		1:00:55	0:56:59	0:58:04	2:57:54	2:55:58
360	BURKE	SEAN	M V50		0:56:20	0:55:43	1:03:54	2:56:20	2:55:58
361	CLEARY	FIONNUALA	F S		0:58:54	0:57:05	1:00:07	2:58:17	2:56:05
362	MINNOCK	DAMIEN	M S	TULLAMORE HARRIERS	0:58:59	0:56:56	1:00:12	2:58:19	2:56:07
363	DEVERY	VINCENT	M S	GARDA AC	0:49:07	0:53:51	1:13:09	2:56:37	2:56:07
364	LARKIN	MAEVE	F S	TULLAMORE HARRIERS	0:58:53	0:57:05	1:00:09	2:58:19	2:56:07
365	CROWE	SUZANNE	F S		0:55:16	0:55:18	1:05:40	2:56:36	2:56:14
366	DONOGHUE	SEAN	M V50	TULLAMORE HARRIERS	0:56:06	0:55:27	1:04:40	2:56:56	2:56:14
367	MC LOUGHLIN	MARCELLA	F V50		0:56:34	0:56:47	1:03:01	2:56:56	2:56:22
368	LYNCH	JOSEPH	M V40		1:00:09	0:54:30	1:01:48	2:58:35	2:56:27
369	DUNICAN	JONATHAN	M S	TULLAMORE HARRIERS	0:58:53	0:57:02	1:00:48	2:58:55	2:56:42
370	FAY	LYNDA	F S	ST FIACC'S	0:56:39	0:56:58	1:03:11	2:59:05	2:56:47
371	STANTON	DONNA	F V40		0:58:54	0:58:49	0:59:08	2:57:43	2:56:51
372	BRANGAN	INGRID	F S		0:58:59	0:56:48	1:01:13	2:57:09	2:57:00
373	BLAKE	DERMOT	M S		0:57:42	0:57:15	1:02:12	2:59:14	2:57:08
374	DUNNE	GARY	M V40		0:56:26	0:57:20	1:03:23	2:58:22	2:57:09
375	HUGHES	DARRELL	M S		0:56:59	0:57:09	1:03:16	2:57:59	2:57:24
376	SMITH	ALAN	M V40		0:57:09	0:57:20	1:03:04	2:58:08	2:57:32
377	PRONE	DANIEL	M V40		0:57:19	0:56:47	1:03:29	2:59:58	2:57:35
378	KELLY	JOHN	M S	RIVERVALLEY	0:51:34	0:54:58	1:11:08	2:57:57	2:57:40
379	DONOHUE	SHANE	M V40		0:56:10	0:57:46	1:03:49	2:58:25	2:57:45
380	TYRRELL	BRIAN	M S		0:52:04		2:05:45	2:59:07	2:57:50
381	MORRISSEY	RORY	M S	TRILOGY TC	1:02:01	0:59:15	0:56:36	2:58:11	2:57:53
382	CARWOOD	WILL	M S		0:51:44		2:06:11	2:58:37	2:57:55
383	MALLON	SEAMUS	M S		0:58:17	0:57:07	1:02:40	2:59:55	2:58:03
384	GEOGHEGAN	EMMET	M S		0:54:20	0:54:21	1:09:36	2:58:33	2:58:16
385	KENNY	ANTHONY	M V40	AIT ATHLONE	0:56:02	0:56:53	1:05:30	2:59:13	2:58:24
386	BRADY	GEAROID	M S		0:58:20	0:58:08	1:01:57	3:00:36	2:58:24
387	KING	FIONA	F S	ST COCAS	0:58:24	0:57:37	1:02:29	2:59:39	2:58:30
388	LATE	ENTRY			0:51:21	0:55:33	1:11:45	2:58:43	2:58:39
389	MC GINN	NOREEN	F V40	CARRICK ACES		1:57:03	1:01:43	2:58:46	2:58:46
390	RYAN	PHILIP	M S		0:56:58	0:56:21	1:05:32	3:01:19	2:58:51
391	TIGHE	STEPHEN	M S		0:59:20	0:57:26	1:02:08	3:00:46	2:58:54
392	NI MHURCHU	NIAMH	F S	SLIGO AC	0:58:26	0:57:59	1:02:39	3:01:13	2:59:04
393	RYAN	DONAL	M S		1:03:12	0:57:12	0:58:47	3:01:30	2:59:11
394	MAHER	ANNE	F V40	CLONMEL AC	0:57:10	0:56:54	1:05:13	3:00:41	2:59:18
395	ENRIGHT	PEARSE	M V40	FR MURPHY'S ATHBOY	0:56:35	0:56:46	1:06:00	3:00:32	2:59:20
396	O' CONNOR	RICHARD	M S		1:00:05	0:59:36	0:59:41	3:00:39	2:59:22

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
397	RYAN	MICHAEL	M V40	MULLINGAR HARRIERS	0:59:28	0:57:56	1:02:03	3:00:14	2:59:26
398	WALSH	PATRICK	M V50		1:00:53	0:59:13	0:59:23	3:00:59	2:59:29
399	GUINAN	PADDY	M S	GARDA AC	1:00:00	0:57:33	1:01:57	3:01:26	2:59:31
400	O' ROURKE	ALAN	M V40		0:58:18	0:58:20	1:02:53	3:00:58	2:59:31
401	SHERIDAN	LOUISE	F S		0:58:19	0:58:20	1:02:53	3:00:57	2:59:31
402	KEANE	MAEVE	F S		0:59:37	0:58:39	1:01:16	3:00:58	2:59:33
403	WALSH	CONNIE	F V40		0:59:05	0:57:12	1:03:17	3:00:38	2:59:34
404	WRIGHT	KEVIN	M S		0:59:22	1:00:09	1:00:18	3:04:01	2:59:49
405	TELFORD	SANDRA	F S		1:00:15	0:57:55	1:01:47	3:00:34	2:59:57
406	DONOHUE	DARREN	M S		0:54:38	0:54:03	1:11:50	3:00:34	3:00:32
407	FARRELL	BRENDAN	M S		0:56:59	0:54:29	1:09:04	3:02:58	3:00:32
408	BRENNAN	PETER	M V40	SHANE SMITH FITNESS	1:00:07	0:58:09	1:02:18	3:02:34	3:00:34
409	FENN	JONATHAN	M S		0:56:29	0:58:27	1:05:50	3:01:05	3:00:45
410	ROHAN	NATASHA	F V40		0:59:58	0:57:05	1:03:45	3:01:17	3:00:49
411	CLEARY	AIDAN	M S		0:56:28	0:59:30	1:04:53	3:00:50	3:00:50
412	KELLEHER	ERIC	M S		1:01:03	0:59:35	1:00:14	3:04:00	3:00:52
413	FITZPATRICK	CIARAN	M S	BUNNOE AC	1:02:49	0:57:18	1:00:47	3:03:36	3:00:54
414	REILLY	KEVIN	M S	BUNNOE AC	1:02:48	0:57:18	1:00:48	3:03:37	3:00:54
415	O' CALLAGHAN	JAMES	M S		0:59:28	0:58:56	1:02:33	3:01:33	3:00:57
416	FITZPATRICK	NOEL	M V40	BUNNOE AC	1:02:51	0:57:20	1:00:47	3:03:38	3:00:57
417	O' NEILL	JULIE	F S		0:56:49	0:58:16	1:06:00	3:03:01	3:01:05
418	O' NEILL	ROISIN	F V40		0:56:48	0:58:17	1:06:00	3:03:00	3:01:05
419	MURPHY	MARTIN	M S	ST BRIGIDS OLDCASTLE	0:58:37	0:56:50	1:05:38	3:03:34	3:01:05
420	BUCKLEY	JERRY	M S		1:02:24	0:59:22	0:59:19	3:02:58	3:01:05
421	REDMOND	KIERAN	M S		1:00:06	0:58:59	1:02:03	3:02:29	3:01:08
422	OATES	GWEN	F S		0:57:40	0:59:51	1:03:45	3:01:46	3:01:17
423	POWER	AOIFE	F S		0:59:07	0:58:38	1:03:32	3:02:34	3:01:17
424	FOLEY	KEVIN	M S		0:57:47	0:58:42	1:05:00	3:02:44	3:01:29
425	BURKE	BRIAN	M V40		0:55:57	0:56:58	1:08:36	3:02:25	3:01:31
426	BENNETT	CATHERINE	F V40	FINGLIANS AC	1:00:15	0:59:52	1:01:30	3:02:38	3:01:37
427	KEANE	ANTHONY	M V50		1:00:54	0:59:12	1:01:33	3:03:08	3:01:40
428	GILROY	CELINE	F S		0:57:34	0:58:57	1:05:11	3:03:56	3:01:42
429	HENNIGAN	MALCOLM	M V40	LOUGHREA	0:58:17	0:54:25	1:09:09	3:02:46	3:01:51
430	BONNER	DEIRDRE	F S	GALWAY CITY HARRIERS	1:02:59	0:59:23	0:59:33	3:03:11	3:01:54
431	GIBSON	DERMOT	M S		0:56:08	0:54:05	1:11:48	3:02:42	3:02:01
432	BOLAND	MARCUS	M V40		0:56:45	0:58:14	1:07:03	3:02:16	3:02:02
433	OPREA	ADRIAN	M S		0:55:45	0:53:17	1:13:07	3:05:15	3:02:08
434	CAMPION	DERMOT	M V40	MOYNE AC	1:01:23	0:59:35	1:01:13	3:04:35	3:02:12
435	MOLONEY	NIAMH	F		1:00:57	0:59:46	1:01:41	3:03:15	3:02:24
436	O' REGAN	GILLIAN	F S	DUNSHAUGHLIN	0:57:09	0:59:21	1:06:11	3:03:52	3:02:41
437	NAUGHTON	LORRAINE	F S	PULSE TRI CLUB	1:02:12	0:58:00	1:02:30	3:03:40	3:02:42
438	CANNING	DIARMUID	M V40		0:57:42	0:57:58	1:07:03	3:05:51	3:02:43
439	HEGARTY	HELEN	F S		1:00:47	0:59:05	1:03:08	3:04:21	3:03:00
440	CONWAY	CLAIRE	F S		0:54:57	0:58:31	1:09:38	3:03:39	3:03:07
441	O' CONNELL	EIMER	F S		0:57:33	0:58:58	1:06:37	3:05:23	3:03:08
442	DONOGHUE	EILEEN	F V50		1:00:46	0:59:49	1:02:34	3:04:34	3:03:10
443	DOUGHAN	FIONA	F S	ATHENRYAC	0:57:34	0:59:59	1:05:53	3:03:25	3:03:25
444	SMITH	KEITH	M S		1:01:01	0:59:43	1:02:53	3:05:37	3:03:38
445	FRASER	GAVIN	M V40	TRICW	0:57:09	0:59:56	1:06:39	3:05:15	3:03:44
446	GALLAGHER	PAULINE	F S	NAOMH MHUIRE	0:58:41	0:59:55	1:05:10	3:04:25	3:03:46
447	RUANE	AILISH	F S		1:03:32	1:00:13	1:00:08	3:06:14	3:03:53
448	SLEVIN	YVONNE	F S		0:58:28	0:59:06	1:06:22	3:04:49	3:03:56
449	MURRAY	DAVID	M S		1:07:26	1:00:51	0:55:40	3:06:19	3:03:56
450	MOLONEY	MARLENE	F V40		1:00:58	0:59:46	1:03:21	3:05:56	3:04:05
451	MOORE	ANN	F V40		1:03:33	1:00:14	1:00:21	3:06:28	3:04:08
452	MC CARTHY	ORLA	F S	FINGALLIANS AC	1:00:15	0:59:52	1:04:02	3:05:10	3:04:08
453	BUCKLEY	LINDA	F S		1:00:13	0:56:56	1:07:02	3:06:18	3:04:11
454	HOLOHAN	PADDY	M S		0:59:04	0:58:55	1:06:13	3:06:35	3:04:13
455	HARTNEY	SHAUNA	F S		0:57:43	0:58:39	1:07:56	3:05:25	3:04:18
456	GUINAN	RICHARD	M S	GARDA AC	1:01:10	0:59:01	1:04:18	3:07:02	3:04:30
457	MC QUAID	GARRY	M V40		1:00:41	1:01:04	1:02:51	3:06:08	3:04:36
458	MC MAHON	TONY	M S		0:56:25	0:55:07	1:13:11	3:05:07	3:04:43
459	HAMILL	MARY	F S		1:01:51	0:59:09	1:03:55	3:07:39	3:04:55
460	DONLON	LISA	F S		1:03:07	0:58:16	1:03:33	3:07:20	3:04:56
461	O' DONNELL	KEVIN	M V40		1:03:38	1:01:00	1:00:25	3:07:29	3:05:03
462	BROWNE	MICHELLE	F S		1:03:59	1:01:33	0:59:53	3:06:07	3:05:25
463	JONES	ORLA	F S		1:01:23	1:00:35	1:03:28	3:07:37	3:05:26
464	MC TERNAN	PAT	M V50	TINAHELY TRI CLUB	1:02:39	1:00:16	1:02:34	3:07:02	3:05:29

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
465	MURPHY	RICHARD	M S		1:02:28	0:59:24	1:03:40	3:07:20	3:05:32
466	HARTERY	KAREN	M S		1:08:01	1:00:52	0:56:47	3:07:26	3:05:40
467	DAVIDSON	NEIL	M S		1:04:58	0:59:15	1:01:51	3:08:15	3:06:04
468	MURRAY	PHILIP	M S		0:59:26	0:59:28	1:07:20	3:08:42	3:06:14
469	CAULFIELD	DAMIEN	M S		1:03:41	1:01:39	1:00:55	3:08:42	3:06:15
470	FARRELL	JOHN	M S		1:03:42	1:01:38	1:00:55	3:08:42	3:06:15
471	IGOE	JOEY	M S		0:59:51	0:58:40	1:07:44	3:08:42	3:06:16
472	LLOYD	PATRICIA	F S		0:59:33	0:58:40	1:08:05	3:07:45	3:06:18
473	COUGHLAN	KIERAN	M S		0:58:31	0:57:06	1:10:43	3:08:15	3:06:20
474	MC DERMOTT	KAREN	F S		1:03:29	0:59:55	1:02:59	3:08:44	3:06:23
475	MC DERMOTT	NIAMH	F S		1:03:29	0:59:55	1:02:59	3:08:45	3:06:23
476	DUNNE	PADRAIG	M S		1:02:11	1:00:01	1:04:20	3:07:25	3:06:33
477	DELANEY	CIARA	F S	FIT FOR LIFE KILKENNY	1:04:47	1:01:53	1:00:06	3:09:16	3:06:46
478	RYAN	KAREN	F V40		1:04:48	1:01:52	1:00:09	3:09:18	3:06:49
479	DUNNE	MARCELLA	F V40		1:04:45	1:01:55	1:00:09	3:09:18	3:06:49
480	FARRELL	DAMIEN	M S	DONADEA RUNNING CLUB	0:56:29	1:00:01	1:10:26	3:07:40	3:06:55
481	GARVIN	SINEAD	F S	MIDLAND TRI CLUB	0:59:25	1:00:46	1:06:48	3:07:41	3:06:58
482	WARD	JOHN	M S		1:01:48	0:59:37	1:05:40	3:09:33	3:07:04
483	NEE	LISA	F S	CORRIB ATHLETIC CLUB	0:58:08	0:59:21	1:09:37	3:07:43	3:07:05
484	SLATTERY	DANIEL	M S		1:03:35	1:02:53	1:00:39	3:09:30	3:07:07
485	GARVIN	FEARGAL	M S		1:02:13	1:00:48	1:04:10	3:08:30	3:07:11
486	CONNELLY	DANIEL	M S		0:59:34	1:00:24	1:07:13	3:07:49	3:07:11
487	ANTWEILER	KATHRIN	F S	TUAM AC	1:03:48	1:02:53	1:00:40	3:09:33	3:07:20
488	WHEELER	COLETTE	F V40		1:00:10	0:59:58	1:07:20	3:09:27	3:07:28
489	KINSELLA	PAUL	M V50		1:00:12	0:59:59	1:07:19	3:09:28	3:07:30
490	GRAHAM	LOUISE	F V40	ST ABBANS AC	1:04:49	1:02:32	1:00:10	3:10:00	3:07:30
491	MISTRI	HARKISHAN	M S		1:00:12	0:59:59	1:07:20	3:09:29	3:07:31
492	GORMAN	ANNE	F S	DUNBOYNE AC	0:56:43	1:00:46	1:10:17	3:08:10	3:07:46
493	QUINN	SHIRLEY	F S	ATHENRY AC	1:03:36	1:01:30	1:02:51	3:10:23	3:07:58
494	FAIRBANKS	JOYCE	F S		1:00:08	0:59:44	1:08:09	3:10:01	3:08:02
495	ROBINSON	HILDA	F S		0:59:58	1:01:53	1:06:11	3:10:16	3:08:03
496	DONNELLY	DENISE	F V40	CLONMEL AC	0:59:57	0:59:59	1:08:10	3:09:29	3:08:06
497	JOHANNSEN	LENA	F S		1:01:09	1:00:33	1:06:27	3:10:48	3:08:09
498	SMITH	LIAM	M V40		1:03:39	1:00:40	1:03:51	3:10:30	3:08:09
499	DARCY	KATE	F S	DULEEK & DISTRICT AC	1:03:34	1:02:54	1:01:45	3:10:37	3:08:13
500	MC DONNELL	SAMANTHA	F S	DULEEK & DISTRICT A.C.	1:03:33	1:02:55	1:01:47	3:10:39	3:08:15
501	GLEESON	SUSAN	F V40	DULEEK & DISTRICT AC	1:03:33	1:02:55	1:01:50	3:10:42	3:08:18
502	HANLON	CORMAC	M S		0:56:53	0:55:47	1:15:39	3:09:06	3:08:18
503	SCULLY	AISHLING	F S		1:03:33	1:03:03	1:01:43	3:10:43	3:08:19
504	DUNNE	MELISSA	F S	RATOATH AC	1:01:43	1:01:12	1:05:35	3:09:21	3:08:29
505	MC CABE LAWLOR	AUDREY	M S		1:01:21	1:01:21	1:05:56	3:09:16	3:08:38
506	FLANAGAN	JOHN	M S		0:57:59	0:57:20	1:13:23	3:10:53	3:08:43
507	GALLIGAN	STUART	M S		1:02:33	1:01:19	1:04:52	3:10:54	3:08:44
508	KEHOE	OLGA	F V40		1:03:04	0:59:10	1:06:34	3:11:14	3:08:47
509	EUSTACE	PAUL	M S		1:04:46	1:02:34	1:01:37	3:11:28	3:08:56
510	BURKE	JENNIFER	F S	TULLAMORE HARRIERS	0:58:53	1:00:26	1:10:01	3:11:33	3:09:20
511	NIXON	D	M S		1:02:13	1:00:48	1:06:25	3:10:44	3:09:25
512	MC CORMACK	ADRIAN	M S		0:52:58	0:54:41	1:22:00	3:12:26	3:09:39
513	O CONNELL	MARTIN	M S	GARDA ATHLETIC CLUB				3:12:11	3:09:53
514	HORN	ANDREW	M S		1:03:37	1:00:03	1:06:36	3:11:33	3:10:15
515	DUNNE	THELMA	F S		1:03:47	1:00:53	1:05:40	3:11:43	3:10:21
516	FOX	GERALDINE	F V40		1:00:49	1:01:54	1:07:39	3:12:20	3:10:22
517	LAWLOR	ELAINE	F S		1:01:22	1:01:21	1:07:40	3:11:00	3:10:23
518	COOGAN	DARREN	M S		0:58:38	0:58:28	1:13:24	3:11:16	3:10:29
519	DELANEY	ALAN	M V40		1:03:32	1:00:49	1:06:17	3:13:06	3:10:38
520	ELLIOTT	DARA	M S		0:58:03	0:58:49	1:13:50	3:11:17	3:10:43
521	KELLY	EILEEN	F S		1:02:33	1:01:01	1:07:12	3:12:56	3:10:46
522	DERWIN	THOMAS	M S			1:51:50	1:19:04	3:11:40	3:10:55
523	CUDDY	DARREN	M S		1:01:15	1:02:41	1:07:10	3:12:04	3:11:06
524	LEE	CATHAL	M V40		1:03:51	1:02:26	1:04:55	3:11:49	3:11:12
525	MITCHELL	CAROLINE	F V40		1:03:37	1:00:45	1:06:55	3:13:43	3:11:17
526	CUSACK	GERALDINE	F V40	NA FIANNA	1:03:48	1:03:53	1:03:39	3:12:42	3:11:20
527	CULLEN	BRIDGET	F V40		0:59:31	1:00:35	1:11:24	3:13:19	3:11:30
528	DEVERY	AONGHUS	M V40		0:58:24	1:03:09	1:10:09	3:12:06	3:11:41
529	NUGENT	MARK	M S		0:59:29	0:59:25	1:12:49	3:14:08	3:11:43
530	LATE	ENTRY	M S		0:56:31	0:58:51	1:16:27	3:12:56	3:11:49
531	GREENE	HELEN	F S		1:02:51	1:01:47	1:07:14	3:13:57	3:11:52
532	TIGHE	EAMONN	M S		0:59:20	0:57:26	1:15:06	3:13:44	3:11:52

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
533	WALSH	FERGUS	M V40	ST ANNE'S GAA	1:00:07	1:00:35	1:11:12	3:13:54	3:11:54
534	QUINN	TREVOR	M S		0:56:53	0:59:49	1:15:18	3:12:49	3:12:00
535	ROGAN	YVONNE	F S	ROSCOMMON HARRIERS	1:03:46	1:01:56	1:06:33	3:14:34	3:12:15
536	KELLY	AILISH	F V40		1:03:31	1:02:08	1:06:44	3:14:54	3:12:23
537	TRAVERS	PADRAIG	M S		1:03:36	1:02:08	1:06:40	3:14:45	3:12:23
538	O' GRADY	PAUL	M S	IMRA	0:56:44		2:15:40	3:13:01	3:12:23
539	CONSTANT	KERRY	M V50	CORKBHAA	0:53:07	0:57:26	1:21:56	3:13:01	3:12:29
540	MC GREEVY	LAURA	F S		0:57:44	1:01:59	1:12:49	3:13:38	3:12:32
541	RYAN	GREG	M V40	PENANG PIRATES	1:02:57	1:05:41	1:04:14	3:14:45	3:12:52
542	JOHNSTON	KIERAN	M V40		0:59:06	1:02:23	1:11:23	3:15:03	3:12:52
543	MILLER	LIAGH	F V40	DONORE HARRIERS	1:01:46	0:58:26	1:12:41	3:14:14	3:12:53
544	KELY	BREDA	F S		1:01:29	1:02:43	1:08:49	3:15:41	3:13:01
545	WALSH	ANTHONY	M V50	SOUTH SLIGO	0:56:17	1:01:23	1:15:25	3:13:38	3:13:05
546	O BRIEN	CLAIRE	F S		1:06:08	1:01:30	1:05:27	3:14:43	3:13:06
547	O' LOUGHLIN	JOANNA	F S		0:59:00	1:05:57	1:08:16	3:16:25	3:13:12
548	BURKE	GAVIN	M S		1:03:04	1:02:17	1:08:14	3:16:22	3:13:35
549	DEEGAN	BRIAN	M S		1:04:34	1:02:45	1:06:20	3:15:56	3:13:39
550	MALONE	LIAM	M S		0:58:09	0:58:05	1:17:35	3:16:14	3:13:48
551	BOYCE	LEONIE	F S	LEONIE BOYCE	0:59:51	1:01:05	1:13:02	3:14:42	3:13:58
552	MATTHEWS	SHONA	F S	LONGFORD AC	1:02:11	1:00:25	1:11:28	3:16:36	3:14:05
553	LACEY	BRIAN	M S	CRUSADERS A/C	1:03:20	1:03:31	1:07:19	3:16:00	3:14:10
554	CARROLL	MAEVEEN	F V40	DROGHEDA AND DISTRICT AC	1:03:32	1:03:06	1:07:36	3:15:57	3:14:14
555	LAMBERT	NOEL	M S	MIDLAND TRI CLUB	0:56:19	0:54:03	1:24:04	3:14:56	3:14:26
556	MC ENTEGGART	GILLIAN	F S	DULEEK & DISRICT AC	1:03:34	1:03:01	1:07:56	3:16:57	3:14:32
557	GILMARTIN	ANN	F V40		1:00:41	1:02:43	1:11:09	3:15:22	3:14:33
558	YOUNG	WILLIAM	M V40		1:03:19	1:03:32	1:07:53	3:16:34	3:14:44
559	QUINN	PATRICK	M S		1:03:44	1:03:29	1:07:35	3:17:12	3:14:48
560	O' HARA	KENNETH	M S		1:03:48	1:03:27	1:07:37	3:17:11	3:14:52
561	YOUNG	ROSE	F V60		1:04:11	1:03:21	1:07:26	3:16:36	3:14:58
562	DEVANEY	ORLA	F S		0:59:28	1:03:12	1:12:22	3:15:34	3:15:03
563	NOWELL	ANDREW	M S				3:15:08	3:16:01	3:15:08
564	NOWELL	MARK	M S		1:04:47	1:02:23	1:07:58	3:16:02	3:15:09
565	LAVERY	ROISIN	F V40		1:03:54	1:03:00	1:08:15	3:17:06	3:15:09
566	O ROURKE	CATHERINE	F S	TINAHELY TRI CLUB	1:04:17	1:03:23	1:07:30	3:16:42	3:15:10
567	MOLLOY	SHANE	M S	GARDA AC	1:02:45	0:59:31	1:12:56	3:17:45	3:15:12
568	REILLY	PAUL	M V40	DULEEK & DISTRICT AC.	1:03:28	1:02:54	1:08:53	3:17:46	3:15:15
569	SMITH	EILISH	F V40	ANNALEE A.C.	1:01:31	1:02:28	1:11:18	3:17:19	3:15:17
570	BOYLE	LARRY	M S	LE CHEILE	0:58:32	1:04:49	1:11:59	3:16:05	3:15:20
571	CARR	SINEAD	F S		1:01:16	1:03:17	1:11:06	3:17:24	3:15:39
572	CONNAUGHTON	AISLING	F S	RUNNING AGAINST CANCER	1:04:25	1:01:58	1:09:37	3:17:03	3:15:59
573	CLARKE	CHRISTINA	F V40	MAYO AC	1:01:13	1:02:05	1:12:46	3:16:54	3:16:04
574	HESSION	MAGS	F V40		1:01:13	1:02:49	1:12:02	3:16:54	3:16:04
575	EVANS	PAMELA	F S		1:04:43	1:03:23	1:08:03	3:16:54	3:16:08
576	KEARY	BARBARA	F V40		1:01:15	1:02:01	1:12:56	3:17:58	3:16:11
577	CONNELL	MICHELLE	F S		1:04:43	1:03:23	1:08:08	3:16:59	3:16:14
578	FARRELLY	JOHN	M V40		1:04:13	1:03:46	1:08:18	3:17:56	3:16:16
579	WRIGHT	BRIDGET	F S		0:59:22	1:00:23	1:16:35	3:20:34	3:16:20
580	DACK	LUCINA	F S		1:04:04	1:00:33	1:11:58	3:17:43	3:16:35
581	HUGHES	ROBERT	M V40	FINGAL TRIATHLON CLUB	0:55:42	1:10:05	1:10:52	3:16:39	3:16:39
582	KENNY	MAGS	F V40	SOUTH GALWAY AC	1:01:06	1:04:38	1:10:58	3:17:03	3:16:42
583	KEARNEY	MARY	F S		1:03:37	1:03:36	1:09:44	3:19:28	3:16:57
584	HYNES	SANDRA	F S	RUNNING AGAINST CANCER	1:05:30	1:01:57	1:09:37	3:17:04	3:17:04
585	O' SULLIVAN	GILLIAN	F S		1:04:37	1:03:13	1:09:19	3:18:52	3:17:09
586	HICKEY	DAVID	M S		0:59:28	0:59:25	1:18:43	3:20:01	3:17:36
587	O HORA	KATHLEEN	F S	BALLINA FIT FOR LIFE ATHLETIC CLUB	1:06:08	1:04:13	1:07:19	3:19:55	3:17:39
588	O HORA	BREEDA	F V40	BALLINA	1:06:07	1:04:11	1:07:21	3:19:55	3:17:39
589	CAWLEY	GERALDINE	F V40	BALLINA AC FIT4LIFE	1:06:08	1:04:11	1:07:21	3:19:56	3:17:40
590	CHARLTON	ANGELA	F V40		1:04:00	1:04:11	1:09:31	3:20:25	3:17:42
591	BRIODY	LORETTA	F S		1:04:35	1:03:14	1:09:59	3:19:33	3:17:49
592	WALSH	NICOLE	F V40		1:02:37	1:03:20	1:12:00	3:19:03	3:17:58
593	MC EVOY	ORLA	F V40	PIRANHA	1:03:46	1:03:30	1:10:43	3:20:20	3:17:59
594	EGAN	JAMES	M V40		1:01:56	1:03:57	1:12:06	3:18:31	3:17:59
595	KELLY	LORNA	F S		1:03:41	1:03:25	1:11:17	3:20:48	3:18:23
596	REILLY	SEAN	M S	BUNNOE AC	1:02:46	0:57:22	1:18:30	3:21:21	3:18:37
597	O ROURKE	MARTIN	M V50	TINAHELY TRI CLUB	1:04:12	1:03:26	1:11:23	3:20:34	3:19:01
598	DEVINE	SHARON	F S	RUNNING AGAINST CANCER	1:04:17	1:01:59	1:12:57	3:20:23	3:19:12

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
599	DONNELLY	KIM	F S		1:03:46	1:03:28	1:11:59	3:21:34	3:19:12
600	COSTIGAN	JAMES	M S		1:03:24	1:02:52	1:12:57	3:21:49	3:19:13
601	BREEN	PATRICK	M S	GARDA AC	0:58:10	1:05:02	1:16:09	3:19:54	3:19:21
602	MOORE	ELAINE	F V40	PORTLAOISE A C	1:03:37	1:03:29	1:13:19	3:22:56	3:20:25
603	FLYNN	SIOBHAN	F S		1:01:48	1:01:11	1:17:51	3:21:33	3:20:50
604	COLEMAN	BETTY	F V40	CRAUGHWELL AC	1:04:51	1:03:39	1:12:30	3:21:59	3:21:00
605	WYNNE	PETER	M V40		0:59:02	1:03:41	1:18:26	3:22:00	3:21:10
606	GILL	JOHN	M V40		1:03:51	1:04:01	1:13:23	3:22:05	3:21:14
607	GUILFOYLE	NOEL	M S	MARATHON CLUB IRELAND	1:04:01	1:05:47	1:11:33	3:23:28	3:21:21
608	THORNTON	PAUL	M S	GARDA AC	1:02:38	1:01:00	1:17:50	3:23:34	3:21:29
609	FLEMING	CHANTELLE	F S		1:04:08	1:05:48	1:11:34	3:23:29	3:21:29
610	O' SULLIVAN	BRIAN	M S		1:04:31	1:03:02	1:14:09	3:24:07	3:21:41
611	WATTERS	NIALL	M V40		1:03:43	1:02:51	1:15:23	3:24:20	3:21:57
612	GRIFFIN	FERGAL	M S		1:03:12	1:05:28	1:13:21	3:24:32	3:22:00
613	HARTE	SINEAD	F S		1:02:51	1:04:35	1:14:41	3:24:16	3:22:07
614	KELLY	CIARA	F S	FINGAL RUNNING	1:06:25	1:05:40	1:10:38	3:24:43	3:22:43
615	O' NEILL	EAMONN	M V40		1:06:08	1:05:26	1:11:15	3:24:43	3:22:50
616	RYAN	MAIGHREAD	F V40		1:04:11	1:03:59	1:14:40	3:24:48	3:22:50
617	JEFFERS	MARK	M S		1:01:29	1:03:49	1:17:52	3:25:21	3:23:09
618	MEEGAN	JOE	M V40		1:06:49	1:05:30	1:11:16	3:24:28	3:23:34
619	MC CARTHY	SANDRA	F S		1:02:08	1:07:17	1:14:22	3:24:42	3:23:47
620	MONGAN	BRID	F S		1:00:04	1:07:04	1:16:46	3:24:35	3:23:54
621	POWER	JOSIE	F V60	FINGALLIANS	1:03:38	1:05:44	1:14:54	3:25:24	3:24:15
622	CLARKE	KEN	M S		1:06:30	1:05:29	1:12:18	3:26:18	3:24:18
623	DONELAN	RITA	F V50	GALWAY CITY HARRIERS	1:04:41	1:06:24	1:13:14	3:25:35	3:24:19
624	HOGAN	JAMES	M S	TEAM J MAYNOOTH	1:04:22	1:03:53	1:16:44	3:27:49	3:25:00
625	COSTELLO	YVONNE	F S		1:02:54	1:05:03	1:17:54	3:27:13	3:25:51
626	MURPHY	EVIE	F V40		1:06:07	1:04:52	1:14:54	3:28:08	3:25:53
627	KILLEEN	MAJELLA	F V50	GALWAY CITY HARRIERS	1:04:17	1:07:03	1:14:52	3:27:35	3:26:11
628	FLANNERY	CARMEL	F S		1:04:20	1:04:43	1:17:21	3:27:35	3:26:24
629	WARD	CAROLINE	F S	ROSCOMMON HARRIERS	1:07:20	1:06:27	1:12:42	3:28:09	3:26:29
630	BURKE	SANDRA	F S		1:04:01	1:07:10	1:15:20	3:29:15	3:26:30
631	FAIR	DEREK	M V40	BALLINA AC FIT4LIFE	1:05:28	1:05:06	1:16:17	3:29:07	3:26:51
632	MAHER	FIONA	F V40		1:04:47	1:05:25	1:16:54	3:29:37	3:27:06
633	GAUGHAN	MARIA	F S		1:07:27	1:12:17	1:07:25	3:29:32	3:27:10
634	MURPHY	LAUREN	F S		1:06:31	1:05:30	1:15:15	3:29:14	3:27:16
635	GIBBONS	PETER	M S		1:04:27	1:03:38	1:19:22	3:29:48	3:27:27
636	DUIGNAN	MARTIN	M S		0:58:09	1:04:13	1:25:21	3:28:48	3:27:43
637	HUNT	ROISIN	F S		1:11:14	1:03:43	1:12:58	3:30:11	3:27:55
638	WALSH	SABINE	F S		1:10:12	1:07:34	1:10:10	3:30:04	3:27:56
639	MC FADDEN	EAMONN	M S		1:04:09	1:05:04	1:18:46	3:30:18	3:27:59
640	MATTHEWS	DAVID	M S		1:04:00	1:06:26	1:17:47	3:30:58	3:28:14
641	CATHERINE	TULLY	F V40	ROSCOMMON HARRIERS	1:07:19	1:06:28	1:14:32	3:29:56	3:28:18
642	O' CONNOR	LISA	F S		1:06:27	1:10:03	1:11:54	3:29:53	3:28:24
643	CULHANE	JOHN	M V40		1:03:10	1:06:20	1:18:54	3:28:54	3:28:24
644	CALLAGHAN	COLLIE	M S		1:06:26	1:10:03	1:12:38	3:30:36	3:29:07
645	CONNOLLY	DES	M V60		1:03:01	1:05:40	1:20:29	3:29:46	3:29:10
646	REILLY	SINEAD	F S	ATHENRY AC	1:05:29	1:08:10	1:15:35	3:31:41	3:29:15
647	CARWOOD	SANDRA	F S		1:01:48	1:11:43	1:15:52	3:30:13	3:29:23
648	TORRIS	JOE	M V40	TEAM CARRIE	1:04:27		2:25:14	3:32:15	3:29:41
649	MC GINN	MAURA	F S		1:07:38	1:07:27	1:14:38	3:31:38	3:29:44
650	FARNON	AOIFE	F V40	ROSCOMMON HARRIERS	1:09:00	1:06:26	1:14:32	3:29:58	3:29:58
651	MC DONNELL	BRENDAN	M V40		0:55:10	1:01:20	1:33:36	3:30:22	3:30:05
652	O' DUFFY	CHARLES	M V40		1:05:01	1:03:30	1:21:40	3:30:54	3:30:11
653	SAUNDERS	JOHN	M V40		1:05:00	1:03:32	1:21:40	3:30:54	3:30:11
654	O' CONNELL	BRIAN	M V40		1:08:29	1:06:08	1:15:34	3:31:06	3:30:11
655	WARD	BRIAN	M S		0:58:25	1:05:15	1:26:42	3:31:11	3:30:23
656	DOYLE	JILLIAN	F S		1:07:25	1:09:10	1:14:09	3:32:40	3:30:44
657	MINOU	ANNETTE	F S	ATHENRY AC	1:08:49	1:12:39	1:09:30	3:31:38	3:30:58
658	MC GLEW	HELEN	F S		1:06:58	1:08:59	1:15:09	3:33:40	3:31:06
659	WALSH	SHEILA	F S		1:03:23	1:06:41	1:21:26	3:32:21	3:31:30
660	RYAN	ANN MARIE	F V40	MULLINGAR HARRIERS	1:03:45	1:07:31	1:20:45	3:33:33	3:32:02
661	LYNCH	MARK	M S		1:03:50	1:04:03	1:24:51	3:34:25	3:32:44
662	MC MAHON	ALISON	F S		1:07:24	1:09:12	1:16:14	3:34:44	3:32:50
663	WITHERO	EUGENE	M V50		1:05:34	1:11:09	1:16:14	3:33:27	3:32:57
664	GROGAN	PATRICK	M S		1:03:12	1:08:39	1:21:08	3:33:45	3:32:59
665	DORATTO	MARIAN	F S		1:06:07	1:08:56	1:18:03	3:34:52	3:33:06
666	MELDRINS	MARIS	M S		1:06:07	1:08:57	1:18:03	3:34:54	3:33:06

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
667	FITZGERALD	MARK	M S	MAYO AC	1:02:57	1:08:24	1:21:48	3:35:02	3:33:10
668	LATE	ENTRY			1:05:07	1:07:18	1:20:55	3:33:59	3:33:19
669	MAXWELL	ENDA	M S		0:59:45	1:04:13	1:29:36	3:34:42	3:33:34
670	DOWLING	YVONNE	F V40	ATHENRY ATHLETICS CLUB	1:05:40	1:10:07	1:18:24	3:36:37	3:34:12
671	RAGGETT	MARIA	F S	FINE FILLIES	1:07:25	1:08:18	1:19:39	3:37:29	3:35:21
672	BRADY	TARA	F V40		1:04:15	1:07:43	1:23:40	3:38:08	3:35:39
673	MC GOWAN	RONAN	M S		1:06:35	1:08:20	1:21:47	3:36:42	3:36:42
674	RYAN	JULIANNE	F V50	AIT	1:06:00	1:11:27	1:20:59	3:39:15	3:38:26
675	BYRNE	EDEL	F S		1:07:33	1:10:24	1:20:58	3:40:26	3:38:55
676	CRONNELLY	MARIE	F S	ATHENRY AC	1:08:52	1:12:38	1:17:36	3:39:45	3:39:06
677	TSE	HO-LAP	M S		1:04:14	1:09:00	1:26:08	3:39:56	3:39:22
678	RUANE	LOUISE	F V40	KILKENNY F4L	1:07:02	1:08:49	1:23:43	3:42:04	3:39:33
679	ROGAN	LINDA	F S		1:07:04	1:10:02	1:23:08	3:42:33	3:40:14
680	MULLINS	MICHELLE	F S		1:05:29	1:09:23	1:25:33	3:42:46	3:40:24
681	VAN DE BEEK	HELEN	F V40	CRAUGHWELL AC	1:08:17	1:11:03	1:21:50	3:41:49	3:41:10
682	HARRIS	ANN-MARIE	F V50		1:05:16	1:12:47	1:23:31	3:43:15	3:41:34
683	MOLITOR	STEFAN	M V40		1:04:37	1:11:57	1:25:52	3:44:10	3:42:26
684	O DEA	SIOBHAN	F V40	CAVAN TRIATHLON CLUB	1:01:32	1:05:30	1:35:41	3:44:46	3:42:43
685	CONWAY	EMMA	F S		1:02:15	1:12:44	1:27:50	3:43:23	3:42:49
686	KENNY	ALAN	M V40	SOUTH GALWAY AC	1:01:07	1:13:57	1:27:51	3:43:18	3:42:56
687	MC INERNEY	NIALL	M S		0:57:52	1:16:36	1:29:30	3:44:29	3:43:58
688	CONNOLLY	TRACEY	F S		1:03:03	1:06:25	1:35:05	3:45:07	3:44:33
689	HARTERY	DANIELLE	F S		1:08:04	1:13:02	1:24:03	3:46:55	3:45:10
690	HILLIS	SEAN	M V40		1:04:12	1:09:03	1:32:25	3:45:49	3:45:40
691	MAGUIRE	GEMMA	F S		1:08:14	1:13:47	1:24:10	3:47:50	3:46:10
692	KEEGAN BROGAN	ANN	F V50		1:07:20	1:14:43	1:26:15	3:49:36	3:48:19
693	BRODERICK	LIZ	F V40	ATHENRY AC	1:05:43	1:13:57	1:29:00	3:50:49	3:48:41
694	DUGGAN	ELIZABETH	F S		1:11:29	1:16:18	1:20:55	3:51:41	3:48:42
695	BOYLAN	MARCUS	M S		1:10:28		2:39:19	3:49:47	3:49:47
696	SEERY	OLIVIA	F V60	SLIGO AC	1:10:03	1:14:51	1:25:42	3:52:15	3:50:36
697	O RIORDAN	NOREEN	F S	PULSE TRIATHLON CLUB	1:15:43	1:14:42	1:20:16	3:52:50	3:50:41
698	O' DONOGHUE	AISHLING	F S		1:15:55	1:14:43	1:20:06	3:52:40	3:50:44
699	MC KENNA	NUALA	F S		1:09:13	1:16:13	1:26:02	3:53:27	3:51:27
700	MC KEOWN	HILARY	F S	PULSE	1:15:44	1:14:42	1:21:05	3:53:39	3:51:31
701	COUNTER	JENNIFER	F S		1:05:34	1:14:42	1:31:29	3:53:55	3:51:45
702	SOBEY	BARRY	M S		1:13:48	1:13:00	1:25:03	3:51:51	3:51:51
703	MURPHY	FRANCIS	M V50		1:18:57	1:14:15	1:18:57	3:54:26	3:52:08
704	TYRRELL	COLM	M S		1:07:36	1:10:22	1:35:33	3:55:02	3:53:31
705	MC SORLEY	PHILOMENA	F S		1:05:57	1:09:53	1:37:52	3:55:54	3:53:42
706	KELLY	SEAN	M V60		1:11:23	1:13:42	1:29:39	3:57:16	3:54:44
707	RAGGETT	PAULA	F S	KCH	1:13:55	1:17:29	1:24:17	3:57:48	3:55:40
708	WILKINSON	MARION	F V40		1:14:57	1:19:23	1:21:35	3:56:45	3:55:55
709	CUDDY	CONOR	M S		1:17:46	1:15:53	1:23:16	3:59:30	3:56:55
710	DUNLEAVY	SHEILA	F S	ATHENRY AC	1:13:54	1:16:59	1:26:02	3:59:01	3:56:55
711	RODDY	JOHN	M S	MAYO AC	1:04:00	1:14:46	1:38:18	3:57:46	3:57:04
712	EGAN	FRANCES	F V40	ATHENRY AC	1:12:48	1:11:02	1:33:17	4:00:22	3:57:06
713	CORCORAN	EMMA	F S	CRAUGHWELL AC	1:11:00	1:18:58		4:00:01	3:58:00
714	MASTERSON	TERESA	F V40		1:10:49	1:19:53	1:27:50	3:59:11	3:58:32
715	KEENAN	RIA	F V40		1:11:14	1:20:17	1:29:49	4:03:10	4:01:20
716	FORTUNE	ORLAITHFORTUNE	F S		1:11:30	1:23:06	1:27:04	4:03:28	4:01:40
717	CARNEY	COLM	M S	UCD MARATHON TRAINING	1:16:08	1:13:21	1:33:36	4:04:42	4:03:06
718	CASSIDY	CAOILEANN	F S		1:16:08	1:13:25	1:33:35	4:04:45	4:03:07
719	BYRNE	AOIFE	F S		1:20:33	1:21:04	1:23:18	4:06:39	4:04:55
720	REILLY	AINE	F S		1:07:36	1:17:18	1:40:06	4:06:10	4:05:01
721	TERESA	RYAN	F S		1:11:52	1:17:06	1:38:13	4:07:19	4:07:11
722	O' MEARA	AINE	F S		1:15:38	1:24:25	1:31:23	4:13:41	4:11:26
723	MC KILLOP	JESSICA	F S	ATHENRY AC	1:21:59	1:23:07	1:26:38	4:13:50	4:11:44
724	KEATING	DARINA	F S	ATHENRY AC	1:22:01	1:23:06	1:26:37	4:13:51	4:11:44
725	REDDY	PATRICIA	F V40		1:18:25	1:22:44	1:31:13	4:13:44	4:12:22
726	OSGOOD	BERNIE	F S		1:19:01	1:21:25	1:39:45	4:22:31	4:20:11
727	MURRAN	NIKKI	F S		1:18:54	1:26:31	1:36:03	4:22:44	4:21:29
728	WRIGHT	KEN	M S		1:13:51	1:23:09	1:44:52	4:22:24	4:21:52
729	MC ARDLE	ELAINE	F S		1:19:27	1:28:42	1:36:33	4:27:05	4:24:42
730	CORKERY	FERGAL	M S		1:02:59	1:32:52	1:49:51	4:26:49	4:25:42
731	COLLINS	MAEVE	F S		1:11:47	1:36:23	1:38:07	4:28:37	4:26:17
732	MANISCALCO	STEFANIA	F S		1:14:05	1:30:49	1:43:33	4:30:16	4:28:27
733	FOLAN	DONNA	F S	GALWAY CITY HARRIERS	1:18:51	1:26:45	1:43:53	4:29:29	4:29:29

Place	Surname	Name	Category	Club	1 st ¼	2 nd ¼	3 rd ¼	Race Time	Chip Time
734	FEELEY	JENNY	F	S	1:24:26	1:29:15	1:48:38	4:44:56	4:42:20
	MC GRATH	MAJELLA	F	V40	1:14:26			DNF	
	MULDOON	EDELE	F	S	0:57:17			DNF	
	LENNON	EITHNE	F	S	0:52:52	0:52:34		DNF	
	O' KANE	MARK	M	S	0:48:16	0:46:03		DNF	
	CROWE	LINDA	F	S	1:02:30	1:12:03		DNF	
	FARRELL	AVRIL	F	S	1:10:55			DNF	
	THORNTON	TRISH	F	S	1:10:54			DNF	
	MOLONEY	NIAMH	F	V40	1:00:57	0:59:46		DNF	
	NAUGHTON	ERIC	M	S		1:45:24		DNF	
	BUCKLEY	BREDA	F	V50	1:06:21	1:09:28		DNF	
	TORMEY	ORLA	F	V40	1:05:47			DNF	